

## EXPERIENCE PROGRAMME APRIL



Pilates

Tuesdays - 11h30

maximum of 12 pax



Garden Tour

Tuesdays (except the 29th) - 10h00

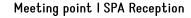
maximum of 10 pax



Wednesdays and Fridays - 11h00

maximum of 24 pax

Meeting point I Gymnasium



Meeting point I Eden Mar Indoor Pool



\*Kitchen Tour

\*Thursdays - 16h00 (in English and in German)

maximum of 8 pax for each language

Meeting point I SPA Reception



Portuguese Lesson

Fridays 4<sup>th</sup> and 11<sup>th</sup> - 12h00 Saturdays 19<sup>th</sup> and 26<sup>th</sup> - 12h00

maximum of 6 pax

Meeting point I SPA Reception



Yoga

Saturdays - 11h00

maximum of 12 pax

Meeting point I Gymnasium

Please pre-book the activities at the SPA Reception (floor 0) until 19h00.

Changes in the programme might occur without prior notice.

<sup>\*</sup> For the Kitchen Tour please pre-book at the Spa Reception until 18h00 the day before.